



Weekly Job Postings Room Rentals & Items For Sale

Massage Therapist

Bolton Landing, NY

Contact Name: Rianon Cepriano

Phone Number: 728-880-9186

Email: rianon.cepriano@ophotels.com

Salary Range: \$72-\$80.50/hr

The Massage Therapist administers professional massage to our guests. They must have a thorough knowledge of numerous massage modalities. They must possess excellent communication skills and be able to learn the product and service knowledge necessary to effectively provide wellness solutions to meet the needs of our guests. They must hold and maintain a current state license. Responsibilities: Must proficiently perform required spa treatments (Custom Fit, Deep Tissue, Prenatal, Hot Stones, etc.) Be on time for your shift, prompt with each appointment and perform services within the appropriate time allotted for the service. Provide consistent professional massage in accordance with spa protocols and accepted certification practices. Effectively inform and educate our guests about specific wellness concerns. Be flexible with your schedule, supporting the needs of the spa. Properly care for equipment and use proper amounts of product to assist with cost controls. Have complete knowledge and understanding of all services and products offered. Uphold the standards of sanitation and sterilization as directed by law and the spa's policies and procedures. Perform prep work, properly clean and restock room as required. Communicate to management any and all occurrences involving staff or guests in the spa that require attention. Actively promote the spa, treatments, services and retail, as well as programs, promotions and/or discounts available. Handle guests' questions and concerns professionally and courteously. Provide accurate, appropriate and immediate responses to all requests by guests. Possess the ability to work without direct supervision. Maintain a positive attitude and contribute toward a quality work environment. Regularly attend, participate in and support training and staff meetings for the spa. Assist in all areas of spa operation as requested by management. Communicate to management any and all occurrences involving staff or guests in the spa that require attention. Qualifications: Must have enthusiasm and possess excellent customer service skills. Enjoy working with people and possess a friendly and outgoing personality. Excellent communication and listening skills, as well as basic computer knowledge. Must be a team player. Education and Experience Requirements: Must hold and maintain a current state license Benefits: Health Insurance Dental Insurance Vision Insurance Life Insurance 401(k) Free Associate Parking Free Meals while on the job 25% Discount in Resort Outlets Hotel Discounts with OPL Friends and Family Discount The company also conducts post-offer employment verifications, motor vehicle, and criminal background checks. We are an Equal Opportunity Employer. This company does not and will not discriminate in employment and personnel practices on the basis of race, sex, age, handicap, religion, national origin or any other basis prohibited by applicable law.



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Spa Therapist

Cooperstown, NY

Contact Name: Rebecca Roach

Phone Number: 607-544-2507

Email: rroach@otesaga.com

Salary Range: \$45-60/hr

Job Summary The spa therapist position is responsible for performing spa services at Hawkeye Spa in the manner trained by Otesaga Resort Hotel. The therapist is an integral member of the team who creates memorable and authentic experiences for our guests. **Essential Job Functions** To successfully perform this job, an individual must perform each essential duty listed below. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions of this job. Provide guests with a thorough and knowledgeable professional massage Perform services keeping guest satisfaction as priority Proficient in all areas of massage therapy, including but not limited to anatomy, physiology, and body systems Promote and sell retail products Answer guests calls, make reservations and check guests in and out of the spa Begin and end all treatments on time, adhering to bookings Clean and sanitize work area as per departmental policies Remove all soiled linen from massage room(s) and deposit in designated area Operate all tools and equipment needed to perform services safely Stock and organize massage room(s) with appropriate linens and supplies Prepare material and supplies for daily operations Clean equipment and common areas used after performing services Participate in maintaining neatness of service waiting areas Restock linens for use in the treatment rooms Ensure the privacy of each guest **Education:** High school diploma or general education degree (GED) **Required Experience:** The person in this position needs to: Possess a valid New York State massage license **Knowledge, Skills, & Abilities** Ability to work weekends & holidays as required Strong knowledge of spa services Sound knowledge of merchandising Excellent organizations and time management skills Knowledge of various allergy restrictions Possess basic math and written skills and ability to operate PMS system Maintain professional presentation (must adhere to company and department dress code) Ability to upsell Outstanding guest service skills Ability to clearly communicate both verbally and in writing **Physical Requirements:** These physical requirements for this position may be accomplished with or without reasonable accommodations. While performing the duties of this job, the employee is regularly required to stand, and/or move for extended periods of time (approximately 8 to 10 hours), twist at the neck and trunk, bend at the waist and stoop, kneel, crouch, or crawl. The employee is frequently required to reach with hands and arms, reach overhead, above shoulders and horizontally. Employees will frequently use hands to handle objects and tools and operate service equipment. The employee must regularly lift and/or move/push/pull up to 30 pounds. **Benefits:** Free Medical and Vision Coverage for the Employee Dental Insurance Pension Plan 401k Company Provided Life Insurance Free Gym Membership Free Staff Meals 25% Discount on Resort Restaurants, Retail, Spa, and Golf Hourly Rate plus Commissions and Gratuities - Average \$45-\$60/hr



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PAID EVENT Friday, November 8th

Albany, NY

Contact Name: Melissa

Phone Number: (518)810-5708

Email: [n/a](#)

Salary Range: Set your rate (~\$150 for the 2 hours)

Looking for an LMT to give massage for a self care fair for the staff at the La Salle School in Albany for Friday November 8th. It will be for around 35 staff members looking for a few minutes of treatment on each person perhaps chair massage.

LMT – Kontrast Albany

Albany, NY

Contact Name: Megan & Danielle

Phone Number: 518-977-3100

Email: info@kontrastalbany.com

Salary Range: 66+

Are you a skilled massage therapist looking for flexibility and the chance to grow with an exciting startup? About Us: We're a dynamic and growing company offering unique complementary services that prioritize wellness and self-care. Along with massage therapy, we offer cold plunges, infrared saunas, sound bath classes and working on much more to come. Our mission is to create a welcoming environment where clients can truly take care of their body, holistically. What You'll Do: As an independent contractor with us, you'll provide personalized massage therapy that meets the individual needs of your clients. We value adaptability, so you'll have the opportunity to use a variety of techniques to ensure each session is tailored to the client's preferences. We are looking for someone: Self- Motivated: You take initiative and manage your schedule effectively with our easy online booking system and app. People Skills: You connect easily with clients, making them feel comfortable and valued. Ambitious: You're eager to grow your skills and help your business thrive. Versatile: You can vary your techniques to suit different client needs. Flexible Hours: We offer flexible scheduling to fit your lifestyle, though some evenings are preferred. Join Us: If you're passionate about wellness and ready to be part of a supportive team, we'd love to chat! Send us your resume and a brief introduction about yourself.



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Independent Contractor Position for NYS

LMT

Saratoga Springs, NY

Contact Name: Joanie Smith

Phone Number: 518-366-1500

Email: mysaratogachiropractor@gmail.com

Salary Range: \$66-\$88/hr + tips

Saratoga Sports Massage is a state-of-the-art, modern facility located in a medical office setting next to the Spa State Park in Saratoga Springs. We are looking for highly skilled NYS licensed massage therapists to join our team of independent contractor LMTs. As an independent contractor you would enjoy the flexibility of choosing the hours and days that you wish to work. You have the option to work at other facilities - we do not require a noncompete clause. Saratoga Sports Massage has a huge base of clients, heated electric tables, on-site laundry and ample parking. Our booking system is easy to learn and sends the therapists and clients appointment reminders. If you are interested in joining our team, please send cover letter and resume to

MYSARATOGACHIROPRACTOR@GMAIL.COM All our LMT's are independent contractors. 40% of the service price is paid to Saratoga Sports Massage Facility LLC as rent. The LMT retains 60% plus any tip as income and receives a 1099 at the end of the year which is reported to the IRS.

Items for Sale

Averill Park, NY

Contact Name: Erin

Phone Number: 518-331-0675

Email: westover.erin@gmail.com

Salary Range: See Below

- Custom Craftworks mobile massage chair with bag \$150
- Hot Stone massage set; heater and hot stones, 35 in total in various sizes. \$150
- 7 sets of massage table microfiber sheets with fitted head rest sheet. 4 dark grey in color, 3 sage green. \$10 per set